

HAWAII MASTERS TRACK CLUB DECATHLON KAISER HIGH SCHOOL, HONOLULU
 FEBRUARY 26 AND 27, 2011

Day One:

Age Bracket	Name	100M	LongJump	Shot Put	High Jump	400M	Total(day)	
Men 70-74	Stan Kuroda	15.74	3.36	6.96	1.09	1:23.14	2290	
Men 70-74	Bob Taylor	17.94	3.21	10.83	1.09	1:40.34	2018	
Men 55-59	Vince Costello	14.04	4.51	9.51	1.36	1:09.74	2710	
Men 55-59	Russell Jacquet-Acea	13.74	4.37	7.65	1.36	1:06.64	2677	
Men 50-54	Kevin Kruszona	17.84	3.49	9.97	1.36	1:22.14	1446	
Men 50-54	Ron Heller	15.74	3.38	7.01	1.09	1:15.14	1329	
Men 70-74	Stan Kuroda	Hurdles	Discus	Pole Vault	Javelin	1500 M	Total Meet	
		20.54	23.10	1.75	15.70	8:30.57	2155	4445
Men 70-74	Bob Taylor	22.64	29.39	1.75	27.99	9:17.98	2379	4397
Men 55-59	Vince Costello	18.44	32.17	2.75	36.03	6:19:13	2948	5658*
Men 55-59	Russell Jacquet-Acea	17.74	27.06	2.95	34.38	6:14:28	2962	5639*
Men 50-54	Kevin Kruszona	22.34	31.83	2.05	34.09	7:57.86	1671	3117
Men 50-54	Ron Heller	na	na	na	na	na	0	1329

Other Individual Individual Event Performances.

	100M	Long Jump	Shot Put	Discus	Javelin	400 M
Men 70-74 Bob Barry			9.85	30.70		
Men 65-69 Jack Karbens			8.56	30.53	23.34	
Men 60-64 Don Hardaway				43.54*		
Men 60-64 Derek Goudge			7.63			
Men 55/59 Marcel D'Eon	13.34					1:01.44 *
Men 55-59 Geoffrey Reed		4.25				

Notes: 1) * Meets All American Standard.

2) Distances are in meters.

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